414th Military Police Company Family Readiness Group Committee's Volunteer Chairpersons					
Coordinator: Cheryl Monroe	Co-Coordinator: Nikki Gonzales	Information Terri Birch	Child Care: Kim Vogel	Newsletter: Terri Birch	Casualty: Cheryl Monroe
Treasurer:	(resignation pending) Appreciation:	(co-chair needed) Fundraising:	(resignation pending) Event Planning: Kim Vogel	Telephone Tree:	(co-chair needed) Secretary:
Nancy Laptad (assistant needed)	Holli Triboulet (co-chair needed)	Alvina Broz (co-chair needed)	(resignation pending) Alvina Broz	Susie Tucker (co-chair needed)	Alvina Broz (assistant needed)

414th FRG Mission Statement

The mission of the 414th Military Police Company Family Readiness Group is to ensure that families within the 414th Military Police Company are prepared for separations caused by deployments, mobilizations, extended TDYs, and remote assignments. Additionally, to establish, coordinate and promote knowledge, teamwork, unity and support among the families of service members within the 414th Military Police Company.



I am a soldier and proud member of the United States Army Military Police Corps Regiment.

I am Of the Troops and For the Troops.

I believe there is no higher calling than to ASSIST, PROTECT, and DEFEND my fellow soldiers, their families, and the basic ideals of our Constitution that guarantee our freedom and our American way of life.

I am always ready to help individual soldiers retain or regain their dignity.

I assist commanders in performing their missions, safeguarding their commands, and maintaining discipline, law and order.

I am proud of the Military Police Corps Regiment and fully understand the awesome responsibility given to all military police soldiers.

At the same time, I am humble because I know that I am a servant of my country and my Army.

To perform my duties properly, my honesty, integrity, and courage must be balanced by competence, alertness, and courtesy.

I know I am constantly in the public eye and my behavior sets the standards of excellence of my fellow soldiers.

To my unit, my commander, and myself, I promise sustained, just and honorable support.

To my country, the Army and my Regiment, I promise the skills of my training, my physical ability, my mental initiative, and my moral courage, for I am a soldier in the MILITARY POLICE CORPS REGIMENT.

414th Military Police Company

Family Readiness Group 1001 Northeast Murphy Boulevard Joplin, Missouri 64801

OFFICIAL BUSINESS

ADDRESS CORRECTION REQUESTED



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Family Readiness Newsletter

414th Military Police Company

Volume 1, Issue 1 September 2004

Learning the Way

This month, Cheryl and Terri, along with our unit administrator Joseph Dukart and our new unit Commander Nicolai Birch, attended the 89th RRC Pilot Family Readiness Fundamental Family Program Academy in Kansas City, August 20 - 22. Our own Jane Rowley was part of the instructor team for the 89th RRC. Way to go Jane!

What does this mean to you? Be expecting a large degree information dissemination over the next several months. Those interested in volunteering for future training as well as local activities/family days at the unit please contact Alvina Broz.

This Month's Activity

Our activity committee organized a 5K Remembrance Run for Saturday, September 11^{th.} It began at the park next to the Reserve Center in Joplin. Special thanks to Kim Vogel, Alvina Broz, Terri Birch and Ginny Hogan for being onsite Saturday morning to assist with the details. Medals were awarded to 1st, 2nd, & 3rd place in each age division.

Unit T-Shirts have Arrived

Child and School friendly unit t-shirts can be purchased at the Reserve Center for \$10 ea. Proceeds go towards funding our Dine-out this year. The horse and rider graphic on the back of the shirt was again designed and donated by Josh Geno.

Newsletter Editor/Webmaster

Terri Birch

Phone: (417) 483-7021 webmaster@ozarkwarriors.com *₹*=7 PO Box 782, Joplin, MO 64802

Unit Website Information

For more details on articles and information found in this newsletter, please visit our unit website at www.ozarkwarriors.com

Calendar of Drills & **FRG Meetings**

USARTC = United States Army Reserve Training Center (our Reserve Center in Joplin)

Drill Weekends TY 2005

October 2-3, 2004 - Camp Crowder overnight drill.

October 3, 2004 - FRG Meeting Sunday, at USARTC in Joplin at 2:00pm.

November 6-7, 2004 - Drill at **USARTC**

December 3, 2004 - Dine-Out

December 4, 2004 - Drill at USARTC Mandatory Briefings

January 8, 2005 - Drill at USARTC

February 5-6, 2005 - Local training

March 4-6, 2005 - Camp Gruber

April 9-10, 2005 - Drill at USARTC

May 13-15, 2005 - Camp Crowder

June 3-5, 2005 - Camp Gruber

July 9-10, 2005 - Drill at USARTC

August 6-7, 2005 - Camp Gruber

September 9-11, 2005 - Camp Gruber

Family Readiness Group Activities & Functions

- ◆ Telephone Tree ◆ Meetings
- ◆ FRG Newsletter
 ◆ Trainings
- ◆ Family Day
- Fundraising
- ◆ Family Sponsorship

To discover ways in which you can become involved... visit our Website at www.ozarkwarriors.com or call Cheryl Monroe toll-free (866) 890-0643.

Commander's Corner

-by 2LT Nicolai Birch

It was really great to see how many soldiers showed up for the September drill and how exited everyone is about being back home. Now more than ever it is important for the families to support their soldiers and make sure that they stay in contact with family readiness.

Family readiness is not only a deployment issue. It is something that is helpful everyday of the year, at home or away. I encourage all of the family members to visit with our Family Readiness either during drill at the afternoon meeting Sunday sometime during the month. Many family members don't realize what all FRG does during the year. Ask and you will be surprised. Please contact one of the volunteers if you have any interest at all, either in order to help or just gain further knowledge about what your soldier does at drill or how to best support the soldier while at home.

October will be a very exiting drill. We are going to Camp Crowder for weapons qualifications. I hope that we have a good turnout so that we can move forward with our training and make the upcoming drill weekends fun and challenging for all...

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Kid's Corner

Military Time

The 24-hour clock, also referred to as "military time", is a convention of time-keeping in which the day runs from midnight to midnight and is divided into 24 hours, numbered from 0 to 23. A time in the 24-hour clock is written in the form hours:minutes, with two digits for each number (01:00 not 1:00).

Under the 24-hour clock system, the day begins at midnight, 00:00 (12:00 am), and ends at 23:59 (11:59 pm). For convenience however it is often said that something ending at midnight, like a late shift or a store closing, ends at 24:00 (pronounced as twenty-four hundred hours).

The 24-hour clock has one major advantage over the 12-hour clock: There is no possibility of confusing the morning and evening (in the 12-hour clock "seven o'clock" means both 7 am and 7 pm).

To convert from the 12-hour clock to the 24-hour clock... if the current time is past 12:59, add the number 12 to the hour. So 2:00 pm then becomes 14:00 (fourteen-hundred) and similarly 6:45 pm becomes 18:45 (eighteen forty-five).

13:00 hrs

To convert from the 24-hour clock to the 12-hour clock... if the current time is past 12:59, subtract the number 12 from the hour. So 17:30 hrs then becomes 5:30 pm and similarly 22:10 becomes 10:10 pm.

Last Month's Question: Can you guess why soldiers are taught to use words rather than letters when spelling over the radio?

Answer for last month's question... Soldier's are trained to use words rather than letters over the radio because some letters sound like other letters when spoken, especially when there is static.



For example:

Can you think of other letters that sound alike, that could be confused with each other when said out loud?

ARMY One Source

A new toll-free information and referral service has expanded Army Reserve Family Program capabilities for military personnel and dependents worldwide.

Army One Source is available 24 hours a day, seven days a week with professional consultants who can answer questions about TRICARE, child care, relocation, finances, legal, elder care, education and everyday household issues. Whether you're preparing for a new baby, dealing with relationship issues, preparing for deployment or reunion, getting out of debt, or buying your first car, Army One Source can help. They may not always be able to provide all the answers themselves, but they can direct you to the people who can.

From the United States call (800) 464-8107. Hearing-impaired callers should use (800) 364-9188, and Spanish speakers can dial (888) 732-9020.

<u>www.ArmyOneSource.com</u> user ID: army; password: onesource

LINK OF THE MONTH Army Community Service ACS

Ft. Leonard Wood ACS Phone: (866) 802-6710



www.armycommunityservice.org

At this one location, you will find information on all the following military and family programs: AFAP, AFTB, Army One Source, Deployment and Mobilization Readiness, Employment Readiness, Family Advocacy, Financial Readiness, Army Emergency Relief (AER), Operation READY Materials, Exceptional Family Member Program (EFMP) and Relocation Readiness.

Yellow Ribbon Campaign



Current Unit Fundraiser "Support Our Troops"

\$5 each at any FRG Activity. This fundraiser helps pay for our Dine-Out

Kansas Dept of Revenue Office of the Secretary

Released August 10, 2004

A new law now qualifies Reserve members for motor vehicle personal property tax exemption. The 2004 Kansas Legislature amended Kansas Statute 79-5107(e), changing eligibility criteria for military personnel qualifying for personal property tax exemption of their motor vehicles [....] The new law requires the following to be eligible for the exemption:

- **1.** The owner must be a Kansas resident.
- 2. The owner must be in the full-time regular military service of the United States, including a member of a reserve component or National Guard who has been mobilized (ordered to active duty).
- 3. The owner must be deployed on the date of application for motor vehicle registration. For purposes of this exemption, deployed means a service person who is performing service pursuant to orders, at a location preventing or making it unfeasible for them to return to their housing normally occupied during off-duty time while on assignment at their permanent duty station or homeport. The location may be in state, or out of state.
- **4.** The owner may receive the exemption for no more than two vehicles.

If you are qualified for the exemption, military personnel will need to fill out a "Kansas Resident Military Personnel Affidavit for Motor Vehicle Tax Exemption" form PV-PP-57 and submit it to their county treasurer or appraiser's office. Questions? Contact your local county treasurer, appraiser or the Kansas Division of Vehicles. www.ksrevenue.org/

Still in the works for this year

Keep Friday, December 3rd open in your date book because this evening has been chosen for our annual dineout event. This traditional, formal military evening includes service members, spouses, and special guests. Dress Blues or Class A uniforms will be worn by all service members. Awards will be given out and a special guest will be asked to speak. If you are interested in attending, please let your soldier know. Tickets will be coming available soon.

DOD Ed Opportunities Directorate Newsletter...

(The following excerpt is from the Department of Defense Educational Opportunities Directorate newsletter which is intended to highlight issues of the Mobile Military Child featured on the DOD website for children, parents and educators)

As a parent you play a significant role in determining the quality of your child's education. You can shape your child's progress by instilling a love and respect for knowledge and education and becoming an advocate for your child.

There are many good reasons and opportunities for you to become involved in your child's school. Volunteering at school demonstrates to your children that you take an interest in their education and value its outcome. By volunteering, you also set an example regarding the importance of community involvement and helping others. Talk with your school administrators and teachers about ways that you can help [....]

The demands on military members and their families are not only increasing, but are becoming more complex. Military families sacrifice their personal comfort and experience tremendous upheaval when soldiers [...] are called to serve our country here or abroad. Children are especially vulnerable when separated from parents due to deployments. Their unique developmental perspective and limited life experience put them at a heightened risk for emotional distress during the separation period.

Schools can be one place where stability and normal routine can provide an anchor for children during the challenges of deployment and the resulting disruptions to daily life. The predictability of the classroom helps to cushion the impact of deployment that includes changes often in psychological equilibrium and disruption of individual behavior and skills. Alternatively, coping stresses that may result from family separation have the potential to affect an entire school community and may interfere with the ability of students and staff to focus on learning.

To find out more about how to help students through deployments, visit www.militarystudent.org

The Call Tree... What is it anyway???

-by Susie Tucker (Call Tree Chairman)

The FRG Call Tree is a vital means of communication with the families of our reserve unit. Due to activation of the Call Tree during deployments in the last couple of years, there have been some questions and misunderstanding about the function of the Call Tree.

All soldiers in our unit complete a 107R form annually. This form provides our FRG with a point of contact person for each family who the sponsoring soldier believes would benefit from receiving information on unit news, upcoming activities and fundraising events, etc.

In the future, if our unit is deployed, the Call Tree will be utilized to provide timely and accurate information concerning our soldiers. While not deployed, our Call Tree will be activated at least once a month prior to drill weekend, to advise family members of current activity/events in the FRG, and provide FRG meeting information. Since our families are in a large geographic area, we realize it's not convenient for everyone to attend our monthly planning and training meetings at the Reserve Center in Joplin. Still we want everyone to be aware of our ongoing activities and be as involved as possible. Sometimes, It helps to just keep in touch, be a resource if there are questions or problems, and provide support to each other during difficult times.

The *Call Tree* is activated by the unit Commander. He contacts the FRG Coordinator and together it is decided what information will be disseminated. The Coordinator contacts the Call Tree Chairman, who in turn contacts the volunteer callers. Each volunteer caller is responsible for calling 8 - 12 families in their area, to pass along the information. These volunteers are invaluable to the *Call Tree*. As a group, we must all appreciative the time and effort they put into their positions.

If anyone, not currently involved in the *Call Tree*, feels able to volunteer a few minutes a month to help in this effort, please let us know. When we need new volunteers we hope you will be receptive to help. Our goal is to keep everyone informed and provide support to our families.

We hope this information helps you in understanding the *Call Tree*.

Pending Position Changes

- by Cheryl Monroe (FRG Coordinator)

During our FRG meeting, Saturday, September 2004. 11, resignations announced. were Resignations included Cheryl Monroe, FRG Coordinator; Nikki Gonzales, FRG Co-Coordinator; Kim Vogel, Planning Committee Event Chairman. We are currently accepting nominations for these three positions. Please call, e-mail, or otherwise send your nominations for these positions to Alvina Broz, FRG Secretary, before September 26, 2004. If you would like to see the Job Description for of any offices/positions within the FRG, call Cheryl @890-0643 or toll-free @1-866-890-0643.

Election for these officers will be held after the October Family Readiness Group Meeting October 3. Everyone is invited to attend and vote. (If you are not there, you may get elected!!) Here is your opportunity to make a difference by becoming involved.

We have volunteer positions available on every committee including calling tree, event planning and fundraising. Please contact the appropriate Committee Chair if you would be willing to serve.

We hope to see you at next month's meeting; however, if you are unable to attend, but would like to be considered for an available position, please contact our FRG Secretary Alvina Broz @417- 742-4191 (home) or 417-1459 (cell) or alvina@mchsi.com.

Family Readiness Liaison

Marshall Hogue, 2LT

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FRG Coordinator

Cheryl Monroe

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Reserve Center Information

414th Military Police Company U.S. Army Reserve 1001 Northeast Murphy Blvd Joplin, Missouri 64801-1199

Local phone: (417) 623-3904

Toll free: (877) 893-4826 **Fax:** (417) 623-1619